

Putting It Together: Sleep! worksheet

National Taiwan University of Science and Technology
Teaching and Learning Center — Summer Intensive English Program

Teacher: Ron A. Zajac

Class (check one): 09:00 10:30 18:30

English Name: _____

A – Read:

1. Choose the best title: a b c
2. Write the answers to the questions:

1. _____

2. _____

3. _____

B – Listen:

1. Check the three reasons Steven is unhappy: a b c d e f
2. Check True or False:

	True	False
1. Steven goes to bed early every night.	<input type="checkbox"/>	<input type="checkbox"/>
2. Steven often exercises.	<input type="checkbox"/>	<input type="checkbox"/>
3. Steven eats in restaurants five or six times a week.	<input type="checkbox"/>	<input type="checkbox"/>
4. Steven leaves the office at 7:00.	<input type="checkbox"/>	<input type="checkbox"/>

C – Wrap it up:

1. What advice in the reading is good for Steven?

2. List five things you do when you can't sleep. Discuss with your classmates: What do they do?:

a. _____
b. _____
c. _____
d. _____
e. _____